

64 MOTHER PALMS OF PA KUA

CHANGE 1

1. Preparation, natural stance
2. Lean on the Horse and Inquire the Way, 60/40
3. Hide the Flowers beneath the Leaves, horse-stance
4. The Wild Goose Leaves the Flock, bow-stance (L-stance)
5. Purple Swallow Opens the Scissors 60/40
6. Close the Door and Push the Moon, 60/40
7. Hide the Flowers Beneath the Leaves, horse-stance
8. Wild Goose Leaves the Flock, bow-stance
9. Conclusion, wu ji-stance

CHANGE 2

1. Preparation, natural stance
2. Lean on the Horse and Inquire the Way, 60/40
3. Hide the Flowers beneath the Leaves, horse-stance
4. The Wild Goose leaves the Flock, bow-stance (L-stance)
5. Purple Swallow Opens the Scissors 60/40
6. Close the Door and Push the Moon, 60/40
7. Fierce Tiger leaves the Cage, 60/40
8. Golden Pheasant Spreads its Wings, taming tiger or backward bow stance
9. Remove Flowers Grafted to the Tree, bow-stance
10. Hide the Flowers Beneath the Leaves, wuji-stance
11. Remove the Helmet from behind the Head, wuji-stance
12. Embrace the Moon, 60/40
13. Hide the Flowers beneath the Leaves, horse-stance
14. The Wild Goose leaves the Flock, bow-stance
15. Conclusion, wuji-stance

CHANGE 3

1. Lean on the horse to inquire the way, 60/40
2. Hide the flowers beneath the leaves, horse
3. Wild goose leaves the flock, bow
4. Purple swallow opens the scissors, 60/40
5. Close the door and push the moon, 60/40
6. The sparrow hawk spirals to heaven, horse
7. White snake coils its body, cross-leg
8. Embrace the moon, 60/40
9. Pretty girl offers the book, wu-ji
10. Tai Shan presses the top, cross-leg
11. The black bear turns over on its back, horse
12. Yellow eagle seizes the throat-right, bow
13. Yellow eagle seizes the throat-left, bow
14. The monkey plucks the fruit, bow
15. The monkey sits in the cave, cat
16. The unicorn spits out the book, chicken
17. The flying swallow skims the water, taming tiger
18. Embrace the moon, 60/40
19. Hide the flowers beneath the leaves, horse
20. Wild goose leaves the flock, bow (you are on the other side)

Change 4

1. Lean on the horse to inquire the way
2. Hide the flowers beneath the leaves
3. The wild goose leaves the flock
4. Purple swallow opens the scissors
5. Close the door and push the moon
6. Remove flowers joined to the tree
7. Hide the flowers beneath the leaves

8. Remove the helmet from the behind the head
9. Clouds across the way to Sichuan, 60/40
10. Golden pheasant spreads its wings
11. Remove the flowers grafted to the tree
12. The black dragon coils its waist, cat stance
13. Rein in the running horse, bow stance
14. Walking step, brush the clothes, taming tiger stance
15. Push the mountain into the sea, 60/40
16. The bat falls to the ground, cross leg stance
17. The flying swallow skims the water, taming tiger stance

Change 5

1. Lean on the horse to inquire the way, 60/40
2. The monkey steals the peach, horse
3. The monkey offers the fruit, horse
4. The eagle spreads its wings
5. Cross and embrace, attention stance
6. With authority present the clothes(robe), attention stance
7. Sweep one thousand armies right, character 8 stance
8. Sweep one thousand armies left, character 8 stance
9. The sparrow hawk turns over, cat stance
10. Golden Pheasants fighting, 60/40
11. Embrace the moon, 60/40

Change 6

1. Preparation, natural stance
2. Lean on the Horse and Inquire the Way, 60/40
3. Hide the Flowers beneath the Leaves, horse-stance
4. The Wild Goose leaves the Flock, bow-stance (L-stance)
5. Purple Swallow Opens the Scissors 60/40

6. The rhinoceros gazes at the moon, 60/40
7. The heavenly rulers supports the pagoda, 60/40
8. The white snake spits out the mushroom, back stance and cat stance
9. Fierce Tiger leaves the Cage, 60/40
10. Golden Pheasant Spreads its Wings, taming tiger or backward bow stance
11. Remove Flowers Grafted to the Tree, bow-stance
12. Hide the Flowers Beneath the Leaves, wuji-stance
13. Remove the Helmet from behind the Head, wuji-stance
14. Embrace the Moon, 60/40
15. Hide the Flowers beneath the Leaves, horse-stance
16. The Wild Goose leaves the Flock, bow-stance
17. Conclusion, wuji-stance

Change 7 "The Lion"

1. Lean on the horse to inquire the way, 60/40
2. Hide the flowers beneath the leaves, horse stance
3. The lion holds the ball, bow stance
4. The lion rolls the ball, 60/40
5. The lion pounces on the ball, 60/40
6. The lion opens its mouth, bow stance
7. The lion turns over its body, 60/40 and cross-leg
8. Hide the flowers beneath the leaves, horse
9. The lion holds the ball, bow stance

Change 8

1. Lean on the horse to inquire the way
2. Hide the flowers beneath the leaves
3. The Heavenly horse walks in the void, bow stance
4. The purple swallow opens the scissors
5. Mount the horse and draw the bow, 60/40

6. The golden snake coils around the willow tree, left, cross-leg stance
7. The wild horse rushes into the ditch, left, 60/40
8. The golden snake coils around the willow tree, right, cross-leg stance
9. The wild horse rushes into the ditch, right, 60/40
10. Liu Hai plays with the toad, chicken stance
11. The big python turns over its body, bow stance
12. The black bear examines its palm, bow stance
13. Fierce Tiger leaves the Cage, 60/40
14. Golden Pheasant Spreads its Wings, taming tiger or backward bow stance
15. Remove Flowers Grafted to the Tree, bow-stance
16. Hide the Flowers Beneath the Leaves, wuji-stance
17. Remove the Helmet from behind the Head, wuji-stance
18. Embrace the Moon, 60/40
19. Hide the Flowers beneath the Leaves, horse-stance
20. The heavenly horse walks in the void, bow-stance
21. Conclusion, wuji-stance